REPORT

OF

THE MEDICAL OFFICERS

WITH

The Accounts of the Treasurer,

OF

THE NORFOLK LUNATIC ASYLUM,

FOR THE YEAR, 1861.

NORWICH:

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.

Digitized by the Internet Archive
in 2018 with funding from
Wellcome Library

https://archive.org/details/b30310453

NORFOLK LUNATIC ASYLUM

Medical Officers' Annual Report

FOR THE YEAR, 1861.

TO THE COMMITTEE OF VISITORS.

The events of the past year have been so varied as affecting the conduct and management of the Establishment, that it is almost impossible for those who, at the close of the twelve months, find themselves comparative strangers in office, to attempt the same careful retrospect which has hitherto been the annual custom.

Subjoined are the usual statistical Tables having reference to the number of admissions, discharges, and deaths during the year.

One hundred and forty nine patients have been admitted, of whom 81 were men, and 68 women. On the 31st of December, 1861, there were resident in this Institution 372 patients, of whom 176 were men, and 196 women. The total number under treatment during the year has been 489 of whom 233 were men and 256 women. The daily average of those resident was 368.

Among the discharges, 61 were considered as recovered, viz. 28 men and 33 women; 6 women as relieved; and 5 men were removed to the Cambridgeshire Asylum not improved.

There have been 45 deaths, 24 on the male and 21 on the female side.

The death of one patient alone involved the necessity of a Coroner's Inquest. A man aged 72, was admitted in a state of extreme exhaustion and only survived his removal here a few hours.

It is a matter of regret that such cases should be sent to an Asylum when so near dissolution, as the patient then only needs such nursing as can easily be secured elsewhere.

The Tables exhibit a larger number of admissions during this than any previous year, but the excess is explained by the fact that in May last, 34 patients, viz. 23 men and 11 women, chargeable to the City of Norwich, were transferred to this Institution from the Infirmary Asylum where they had until then been collected.

It is a source of pain and regret to observe how very many of the cases maintained in this Asylum are incurable.

Restraint has been employed in one instance during the year. This much canvassed method of treatment was found necessary in the case of a male patient, admitted in November, suffering from severe maniacal excitement. The attempts of this patient to injure himself were of so determined and dangerous a character, that, when medicines, careful watching, and the "soothing influence" of the padded room, had failed to allay the excitement, the ordinary strait waistcoat was applied for twelve hours, and with the happiest result.

The Commissioners in Lunacy visited the Asylum in April last, and made the following Report:—

"1861, April 20, Norfolk County Asylum. There are now in this Asylum 343 "patients, of whom 156 are males and 187 are females The admissions since the "last Commissioners' visit have been 108; 55 men and 53 women. The discharges "have been 46; 20 men and 26 women. The deaths have been 47; 23 men and 24 "women. The principal causes of deaths have been General Paralysis, Phthisis, "Epilepsy, some few cases of Apoplexy, and gradual decay from debility and age.

"Thirty nine patients are now registered as under medical treatment; 17 men "and 22 women. Of these we saw to-day in bed, 9 men and 6 women. Another "patient whom we saw in bed was then under seclusion, for an attack which he had "made on two attendants. There has been only one case of restraint (that of a pa-"tient who had attempted suicide) since the last Commissioners' visit, and 27 of "seclusion, ten men and seventeen women.

"The number of patients in the Asylum now employed in lucrative work, are "80 men and 156 women. Of these upwards of 40 men are daily engaged in field "and garden labour, and on the female side, besides those employed in the Laundry, "the Kitchen, and as helpers in the Wards and Corridors, 72 occupy themselves "with needlework, 18 with stocking knitting, and 19 with fancy work. Great pains "are taken to render as efficient as possible these arrangements for the profitable "employment of the patients, and we saw everywhere satisfactory indications of the "good effect which is thereby produced.

"We saw all the patients of both sexes, and found them with the few exceptions above referred to, in good bodily condition, and for the most part very quiet, "cheerful, and free from all excitement. Mr. Casson accompanied us through the "Wards and rooms, and we pointed out to him the cases of such patients as appeared to us to be improving, and in which there is reasonable hope of early discharge. "All the arrangements noticed in recent entries of our Colleagues to add to cheerfulness of the Wards, Day rooms, Bedrooms, and associated Dormitories, by "paintings on the walls, engravings in frames, looking glasses, and matters of ornament, have been continued and carried out in the new rooms; and the greenhouses "in immediate connection with Wards No. 1 on each side of the Asylum, together "with Aviaries, Vivarium, plants and flowers, contribute to the enjoyment of the "patients, and afford a relief and variety which they appear to appreciate.

"The recommendations for better ventilation made by our Colleagues have been "carried out, and the state of the Infirmary Wards is now perfectly satisfactory. "In the new rooms over the Laundry the upper portions of the windows have no "protection from the sun, and we strongly recommend that blinds should be placed "there. The provision for washing in the single rooms and associated dormitories "is excellent, all that was wanted in this respect having been supplied; but we found "upon enquiry that on both sides of the Asylum, two patients are occasionally placed "in the same bath at the same time, and Mr. Casson has promised us that this practice shall no longer be continued.

"We saw 316 patients (147 males 169 females) dining at the same time in the "great dining Hall, and nothing could be better than the arrangements, or more "orderly than the conduct of all the patients. The dinner consisted of beef dumplings, rice, and potatoes, with half a pint of beer to each patient; all of which was "tasted and found extremely good. There are no soup days here. Meat pies and "beef dumplings are the allowance on four days of the week, and on the remaining "three days four ounces to each of cooked meat.

"The number of straw beds continue to be slowly diminished, and we agree "with our Colleagues in what has been said at various times on this subject, and "also as to the expediency of changing the body linen oftener than once a week, "and the propriety if possible of establishing schools or readings. A dance is at "present given once a fortnight, and other entertainments are also occasionally provided. The supply of books, too, and of entertaining periodicals is abundant. "The average attendance at Chapel on Sundays is 262, and on week days 231.

"The impression generally derived from our visit has been very favourable, and "it is only just to the Matron to mention, particularly, the highly creditable state

"of the female side of the Asylum. The dresses are all very neat and good, and "cleanliness, order, and comfort are everywhere apparent. Some suggestions have "been made by us for further improvement, and among other things we have "recommended the use of sponge baths, and have pointed out the advisability of "planting the Airing Courts with shady trees, and of providing, at intervals, a "succession of Lectures and Concerts.

"There are at present vacancies for 64 men and 33 women. On enquiry we find "that there is not sufficient regularity or attention on the part of the Clerks of the "Boards of Guardians in making the Quarterly Returns, and we think that some steps "should be taken to ensure in this respect a more strict compliance with the law."

(Signed) JOHN FORSTER,
S. GASKELL.

As regards the suggestion that the Asylum should be furnished with "*sponge baths*," it is only needful to observe, that, to furnish such an article was considered to be a measure superfluous in the case of *paupers* already provided with accommodation amply sufficient for the purposes of health and cleanliness.

Mr. Firth, who, till the middle of October, acted as Visiting Surgeon, has most courteously afforded us all the information and assistance in his power, and we are enabled to state that the general health and condition of the patients throughout the year has been good, and that no casualty has occurred among them to mar the ordinarily smooth course of events.

WILLIAM C. HILLS, M.D.,
G. MACKENZIE BACON.

TABLE I.

Showing the Admissions, Discharges, and Deaths, from May, 1814, to December 31st, 1861.

	Male.	Female	Total.	Male.	Female	Total.
Admitted since May, 1814 - - -				1343	1587	2930
Discharged - - - - -	627	822	1449			
Died - - - - - -	564	577	1141			
Total of Discharges and Deaths - -	-	-	-	1191	1399	2590
Remaining December 31st, 1860 - - -	-	-	-	152	188	340
Admitted during 1861 - - - -	-	-	-	81	68	149
Total under Treatment in 1861 - - -	-	-	-	233	256	489
Discharged Recovered - - - -	22	22	44			
„ Ditto after Probation - - -	6	11	17			
„ Relieved - - - -	0	6	6			
„ Not Improved - - -	5	0	5			
Died - - - - - -	24	21	45			
Total Discharged and Died - - -	-	-	-	57	60	117
Remaining December 31st, 1861 - - -	-	-	-	176	196	372
Average Number Resident during 1861 - -	-	-	-	172	196	368

TABLE II.

Showing the Admissions, Discharges, and Deaths, from May 18th, 1814, to December 31st, 1833, thence to December 31st, 1861, beginning the 1st day of each Year up to the last.

Number.	Years beginning May 18th.	Admissions during each Year.			Discharges during each Year.			Deaths during each Year.			Average number resident in each Year.			Mean Annual Mortality per cent. Resident.
		Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	
1	1814	33	33	66	6	6	12	3	1	4	20	20	40	10·1
2	1815	15	18	33	7	17	24	6	2	8	30	30	60	13·3
3	1816	22	31	53	7	13	20	4	7	11	33	34	67	14·28
4	1817	24	20	44	10	15	25	4	6	10	47	40	87	11·49
5	1818	11	20	31	9	17	26	7	1	8	47	42	89	8·98
6	1819	18	16	34	10	10	20	4	3	7	46	40	86	8·13
7	1820	20	26	46	9	15	24	2	6	8	52	41	93	8·60
8	1821	18	29	47	12	13	25	12	7	19	50	44	94	20·21
9	1822	18	23	41	9	11	20	7	7	14	52	54	106	13·20
10	1823	11	16	27	8	11	19	11	6	17	54	48	102	16·66
11	1824	16	30	46	9	21	30	3	2	5	52	57	109	4·58
12	1825	13	28	41	12	20	32	3	8	11	55	59	114	9·64
13	1826	19	21	40	7	9	16	4	8	12	52	65	117	10·25
14	1827	19	15	34	12	13	25	12	8	20	56	56	112	17·86
15	1828	27	25	52	5	10	15	10	6	16	66	60	126	12·69
16	1829	21	23	44	13	11	24	11	14	25	65	67	132	18·94
17	1830	24	24	48	15	20	35	6	8	14	65	65	130	10·76
18	1831	25	41	76	10	15	25	13	8	21	78	82	160	14·0
19	1832	24	31	55	12	15	27	17	11	28	76	72	158	17·72
20	1833 May 1 to Dec. 31	17	19	36	10	12	22	8	9	17	75	84	159	15·93
21	1834	20	30	50	11	13	24	16	14	30	70	93	163	18·46
22	1835	28	22	50	13	14	27	18	10	28	75	94	169	13·60
23	1836	28	20	48	8	11	19	18	13	31	68	94	162	18·40
24	1837	25	21	46	9	8	17	17	15	32	68	96	164	19·25
25	1838	30	29	59	11	9	20	17	18	35	72	94	166	21·11
26	1839	24	24	48	6	12	18	19	14	33	70	94	164	20·12
27	1840	32	39	71	13	14	27	8	14	22	81	92	173	12·71
28	1841	29	31	60	11	7	18	18	14	32	80	90	170	24·70
29	1842	26	32	58	16	20	36	14	8	22	76	99	175	12·57
30	1843	31	38	69	17	20	37	21	22	43	72	95	167	26·35
31	1844	38	22	67	15	16	31	16	15	31	70	94	164	18·96
32	1845	32	42	74	14	10	24	11	17	28	80	86	166	16·88
33	1846	38	42	80	10	21	31	9	13	22	94	100	194	11·45
34	1847	29	41	70	12	19	31	18	18	36	95	105	200	18·0
35	1848	35	51	86	23	22	45	9	19	28	100	110	210	13·33
36	1849	40	51	91	19	18	37	18	17	35	115	120	235	14·89
37	1850	37	39	76	19	23	42	19	19	38	110	130	240	15·83
38	1851	33	52	85	10	16	26	12	14	26	120	140	260	10·0
39	1852	40	43	83	5	21	26	14	18	32	130	153	283	11·30
40	1853	36	47	83	20	26	46	19	17	36	139	165	304	11·70
41	1854	34	48	82	19	34	54	14	14	28	139	165	304	9·21
42	1855	28	48	76	18	33	51	12	20	32	135	161	296	10·81
43	1856	41	44	85	21	20	41	18	19	37	141	157	298	12·41
44	1857	41	60	101	36	33	69	15	14	29	134	165	299	8·60
54	1858	56	56	112	28	29	57	16	28	44	135	177	312	14·10
46	1859	55	55	110	36	27	63	19	23	42	133	179	312	13·46
47	1860	54	69	123	20	41	61	21	20	41	144	189	333	12·31
48	1861	81	68	149	35	37	72	24	21	45	172	196	368	12·23

TABLE III.

Form of Insanity in Patients admitted during 1861.

	Male.	Female	Total.
Mania (simple or recurrent)	27	19	46
„ Acute	7	10	17
„ Chronic	6	7	13
„ with General Paralysis	8	0	8
„ with Epilepsy	6	4	10
Melancholia	19	9	28
Dementia	7	4	11
Imbecility	3	2	5
Idiocy	3	0	3
„ with Epilepsy	5	0	5
Not Insane	1	2	3
Total	92	57	149

TABLE IV.

SHOWING THE OCCUPATIONS OF THOSE ADMITTED IN 1861.

OCCUPATIONS.	Male.	Female.	Total.
Labourers, and the Wives, Daughters, and Widows of ...	26	21	47
Bakers	2	0	2
Charwomen	0	3	3
Domestic Servants	0	14	14
Tailors	2	0	2
Carpenters, Sawyer, and Wife of	6	1	7
Millwright	1	0	1
Glaziers and Wives of	2	2	4
Farmers and Wives of	4	2	6
Blacksmith's Wife	0	1	1
Shopkeepers	4	1	5
Ostlers and Horsebreaker	4	0	4
Stonemasons	2	0	2
Weavers	2	0	2
Straw Bonnet Maker	0	1	1
Schoolmistress	0	1	1
Carrier's Wife	0	1	1
Watchmaker	1	0	1
Bricklayers, Plasterers, and Wife of	4	1	5
Brickmakers	3	0	3
Pipe Maker	1	0	1
Harness Makers and Wife of	2	1	3
Seamen	2	0	2
Cooper	1	0	1
Soldiers	4	0	4
Wife of a Clergyman	0	1	1
Nurse	0	1	1
No occupation	20	4	24
Totals	93	56	149

TABLE V.

Civil Condition of the Patients Admitted, 1861.

Marriage.	Number Admitted.			RELIGIOUS PROFESSION.							
				Church of England.		Roman Catholics.		Protestant Dissenters.		Not Ascertained.	
	M.	F.	T.	Male.	Female	Male.	Female	Male.	Female	Male.	Female
Married	39	37	76	25	27	0	0	9	12	0	0
Widowed	4	5	9	2	4	0	0	1	1	0	0
Single	38	26	64	20	23	1	0	12	5	5	2
Totals	81	68	149	47	54	1	0	22	18	5	2

TABLE VI.

Assigned Causes of Illness in Patients Admitted.

Coup de Soleil	1
Anxiety and Grief	4
Debility	8
Hereditary Tendency alone	12
Husband's Infidelity	1
Religious Excitement	8
Small Pox	1
Superlactation	1
Blow on the Head	2
Domestic Affliction	8
Epilepsy	9
Intemperance	8
Old Age	6
Uterine Disease	1
Opium Eating	2
Reduced Circumstances	4
Disappointed Affections	2
Puerperal Fever	5
Phthisis	1
Fever	1
Ill Treatment	1
Amenorrhœa	1
Unknown	51
Congenital	11
Total	149

TABLE VII.

Causes of Death in the Patients who have Died during 1861.

Causes of Death.	Male.	Female.	Total.
General Paralysis	8	1	9
Gradual Decay	4	3	7
Exhaustion after Mania	2	5	7
Chronic Disease of the Brain	3	1	4
Anasarca	0	1	1
Epilepsy	3	1	4
Apoplexy	1	1	2
Pneumonia	0	1	1
Strumous Disease	2	1	3
Disease of the Heart	1	0	1
Enteritis	2	0	2
Intestinal Obstruction	1	0	1
Typhoid Fever	0	1	1
Phthisis	0	2	2
Totals . . .	27	18	45

TABLE VIII.

Showing the Ages of those Discharged Recovered, and those who have Died in 1861.

AGE.	Discharged Recovered.			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.
From 15 to 20 years	4	2	6	0	0	0
„ 20 „ 30 „	5	8	13	3	1	4
„ 30 „ 40 „	3	10	13	5	5	10
„ 40 „ 50 „	9	8	17	6	4	10
„ 50 „ 60 „	6	6	12	3	2	5
„ 60 „ 70 „	3	1	4	2	5	7
„ 70 „ 80 „	0	2	2	4	3	7
„ 80 „ 90 „	0	0	0	0	2	2
Totals ...	30	37	67	23	22	45

TABLE IX.

SHOWING THE DURATION OF DISEASE ON ADMISSION.

Duration of Disease.	Male.	Female.	Total.
FIRST CLASS :—			
First Attack, and not more than three months' duration ...	34	29	63
SECOND CLASS :—			
First Attack of more than three, but less than twelve months' duration	12	14	26
THIRD CLASS :—			
Not First Attack, and not more than twelve months' duration	6	11	17
FOURTH CLASS :—			
First or not First Attack, and more than twelve months' duration	29	14	43
Total ...	81	68	149

TABLE X.

PER CENTAGES OF THE YEAR 1861.

	Per Cent.
Of Admissions on the Number remaining at the End of last Year - -	43·82
„ Re-admissions on the Admissions - - - - -	15·43
„ Recoveries on the Admissions - - - - -	40·94
„ Ditto on the mean number daily resident - - - -	16·57
„ Ditto on the Whole Number under Treatment - - - -	12·47
„ Deaths on the Admissions - - - - - -	30·20
„ Ditto on the Mean Number Daily Resident - - - -	12·22
„ Ditto on the Whole Number under Treatment - - - -	9·20

TABLE XI.

DIETARY FOR PATIENTS.

Days of the Week.	Breakfast. Males. Bread	Breakfast. Males. Milk Broth*	Breakfast. Females. Bread.	Breakfast. Females. Butter.	Breakfast. Females. Tea†	Dinner. Males. Cooked Meat.‡	Dinner. Males. Meat Pie.§	Dinner. Males. Meat Dumpling.‖	Dinner. Males. Vegetables.¶	Dinner. Males. Bread.	Dinner. Males. Beer.	Dinner. Females. Cooked Meat.	Dinner. Females. Meat Pie.	Dinner. Females. Meat Dumpling.	Dinner. Females. Vegetables.	Dinner. Females. Bread.	Dinner. Females. Beer.	Supper. Males. Bread.	Supper. Males. Cheese.	Supper. Males. Beer.	Supper. Males. Meat Broth.	Supper. Females. Bread.	Supper. Females. Butter.	Supper. Females. Tea.
	oz.	pt.	oz.	oz.	pt.	oz.	oz.	oz.	oz.	oz.	pt.	oz.	oz.	oz.	oz.	oz.	pt.	oz.	oz.	pt.	pt.	oz.	oz.	pt.
Sunday.....	6	1½	5	½	¾	4	...	...	12	2	½	4	...	...	12	2	½	6	2	½	...	5	½	¾
Monday ...	6	1½	5	½	¾	...	10½	...	12	...	½	...	10½	...	12	...	½	6	...	...	1	5	½	¾
Tuesday ...	6	1½	5	½	¾	4	...	...	12	2	½	4	...	...	12	2	½	6	2	½	...	5	½	¾
Wednesday	6	1½	5	½	¾	...	...	10½	12	...	½	...	...	10½	12	...	½	6	...	...	1	5	½	¾
Thursday...	6	1½	5	½	¾	4	...	...	12	2	½	4	...	...	12	2	½	6	2	½	...	5	½	¾
Friday	6	1½	5	½	¾	...	10½	...	12	...	½	...	10½	...	12	...	½	6	...	...	1	5	½	¾
Saturday...	6	1½	5	½	¾	...	...	10½	12	...	½	...	...	10½	12	...	½	6	2	½	...	5	½	¾

* The Milk Broth is made from ¾ pint of New Milk, thickened with Oatmeal, to which ¼ pint of water is added.

† 1 oz. of Tea, 4 oz. of Sugar, ¾ pint of Milk—to 5½ pints.

‡ The Cooked Meat is without Bone, consists of Mutton or Beef, Roast or Boiled. § Meat Pie is made of 2½ oz. of Meat to 8 oz. of Crust.

‖ Meat Dumpling, 2½ oz. of Meat to 8 oz. of Crust. ¶ 12 oz. of Potatoes, or if other Vegetables, at least 6 oz. of Potatoes.

EXTRA DIET.—For Out-door Workers, Artizans, Laundry Women, &c., half-pint of Beer, with Bread and Cheese, at Eleven o'clock a.m., and Four p.m.

FARM AND GARDEN ACCOUNT.

From January 1st, 1861, to January 1st, 1862.

RECEIPTS.		£	s.	d.
1861. Jan. 1.	By Sale of Pigs during the Year . .	121	15	6
	„ Onions . .	0	19	0
	„ Bones . .	8	2	6
	„ Mangel Wurzel Seed	5	5	0
	„ Beans . .	0	16	6
	„ Barley . .	5	7	6
	„ Potatoes . .	0	3	9
	Treasurer on Account of Vegetables and Eggs consumed in the Asylum	155	15	3
Dec. 31.	Present Value of Live Stock . .	77	0	0
	Extra Labour for other purposes, by Horses and Man . .	36	0	0
		£411	5	0

EXPENDITURE.		£	s.	d.
1861. Jan. 1.	Value of Live Stock purchased during the year	50	19	0
	Shoeing, &c. . .	4	2	10
	Manure . .	4	10	9
	Labour . .	64	4	0
	Seeds . .	14	0	4
	Provender . .	37	3	6
	Rates and Tithes .	27	4	5
	Blacksmith's Work .	9	12	3
	Chaff Cutter . .	5	0	0
	Potatoes for Seed .	39	0	0
	Sundries . .	3	0	6
Dec. 31.	Swill and Bones from House . .	18	2	6
	Rent of Land, 27 Acres, at 35s. . .	47	5	0
	By Balance in favour of Farm . .	86	19	11
		£411	5	0

NORFOLK COUNTY ASYLUM.

DAILY AVERAGE OF PATIENTS EMPLOYED DURING EACH MONTH.

1861.

MALES.	Jan.	Feb.	Mar	Apl.	May	June	July	Aug	Sep.	Oct.	Nov.	Dec.
Gardens and Pleasure Grounds	6	15	15	15	19	27	21	13	11	14	12	13
North Farm - - -	18	22	23	24	25	25	21	21	19	24	15	14
Turners', Painters', and Carpenters' Shop - -	4	4	4	4	4	3	3	3	5	4	4	4
Tailors' and Upholsterers' ditto	7	6	7	5	7	6	6	6	6	6	5	6
Shoemakers' Shop - -	4	4	4	3	3	3	3	4	4	4	5	5
Kitchen and Bakehouse -	6	7	8	7	8	8	9	8	8	7	7	7
Helpers in the Wards -	15	15	15	15	18	18	19	19	19	19	20	21
In the Office - - -	1	1	1	1	1	1	1	1	1	1	1	2
In Stable - - -	2	2	2	2	2	2	2	2	2	2	2	2
Total Number Employed -	63	76	79	76	87	93	85	77	75	81	71	74
Average Number of Patients -	152	153	156	155	175	179	179	182	180	178	180	175
FEMALES.												
Laundry - - -	22	23	24	24	25	25	24	23	23	24	25	24
Kitchen - - -	5	5	5	4	5	4	4	4	5	5	5	5
Helpers in the Wards - -	12	12	12	12	12	12	12	12	12	12	12	12
Cleaners in Corridors and other places - - -	12	12	12	12	12	12	12	12	12	12	12	12
Work Room - Needle Work	62	65	64	70	71	77	74	72	69	65	60	58
Work Room - Fancy Work	18	18	16	17	15	14	11	9	9	10	9	10
Work Room - Straw Bonnet making -	1	1	2	2	2	2	2	2	2	1	1	1
Stocking Knitting - -	16	16	17	14	13	14	11	19	17	17	21	20
In the Establishment - -	1	...	...	1	..	1	...	...	1	1	3	3
Total Number Employed -	149	152	152	156	155	161	150	153	150	147	148	145
Average Number of Patients -	187	187	187	186	194	199	198	202	203	200	200	195

NORFOLK COUNTY ASYLUM.

CONTRACT PRICES OF THE PRINCIPAL ARTICLES OF CONSUMPTION.

1861.

		Quarter ending 22nd March.			Quarter ending 21st June.			Quarter ending 20th Sept.			Quarter ending 20th Dec.		
		£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Bread	per score loaves of 2lbs. each	0	6	0	0	6	0	0	4	6½	0	4	4½
Flour	per sack	2	7	6	2	7	6	2	1	0	1	19	0
Meat	per stone	0	7	4	0	7	5	0	7	6	0	7	4
Suet	per stone	0	7	4	0	7	5	0	7	6	0	7	4
Cheese, Gloucester ...	per cwt.	3	8	0	3	12	0	3	0	0	2	18	0
Cheese, Derby ...	per cwt.	3	8	0	3	7	6	3	0	0	2	18	0
Butter	per pint	0	1	5	0	1	2	0	1	4½	0	1	6
Oatmeal	per peck	0	2	0	0	2	0	0	2	0	0	2	0
Rice	per lb.	0	0	2¼	0	0	2¼	0	0	2¼	0	0	2¼
Tea, black ...	per lb.	0	3	2	0	3	2	0	3	2	0	3	2
Tea, green ...	per lb.	0	3	8	0	3	8	0	3	8	0	3	8
Sugar, raw ...	per stone	0	4	6	0	4	7	0	4	6	0	4	3
Sugar, loaf ...	per stone	0	6	5	0	6	5	0	6	5	0	6	5
Coffee	per lb.	0	1	0½	0	1	0½	0	1	1	0	1	1½
Milk	per gallon	0	0	8	0	0	8	0	0	8	0	0	8
Beer	per barrel	1	4	0	1	3	0	1	3	0	1	1	0
Porter	per barrel	2	4	0	2	7	0	2	7	0	2	7	0
Arrowroot ...	per lb.	0	2	0	0	2	0	0	2	0	0	2	0
Salt	per cwt.	0	1	9	0	1	9	0	1	9	0	1	9
Mustard	per lb.	0	1	6	0	1	6	0	1	6	0	1	6
Tobacco	per lb.	0	3	8	0	3	8	0	3	8	0	3	8
Snuff, Scotch ...	per lb.	0	4	6	0	4	6	0	4	6	0	4	6
Coals	per ton	0	19	3	0	19	3	0	18	0	0	18	0
Coke	per chaldron	0	12	0	0	12	0	0	12	0	0	12	0
Candles, dips ...	per lb.	0	0	6¾	0	0	6½	0	0	6¼	0	0	5¾
Soap, yellow ...	per cwt.	1	12	6	1	12	6	1	12	0	1	11	0
Starch	per lb.	0	0	4½	0	0	4½	0	0	4½	0	0	4½

NORFOLK COUNTY ASYLUM.

ARTICLES MADE AND REPAIRED BY THE MALE ATTENDANTS AND PATIENTS DURING THE YEAR 1861.

SHOEMAKERS.

LIST OF NEW WORK.	LIST OF REPAIRS.
14 pairs of Men's Leather Boots	229 pairs of Boots & Shoes, soled, heeled, & welted
3 pairs of Men's Leather Shoes	231 pairs of Boots and Shoes, soled and welted
38 pairs of Women's Leather Boots	140 pairs of Boots and Shoes, soled and heeled
11 pairs of Women's Leather Shoes	96 pairs of Boots and Shoes, soled
9 pairs of Men's Duffel Boots	162 pairs of Boots and Shoes, heeled
13 pairs of Women's Duffel Boots	607 pairs of Boots and Shoes, repaired
3 pairs of Women's Duffel Shoes	

TAILORS.

LIST OF NEW WORK.	LIST OF REPAIRS.
2 Jackets	331 Jackets
1 Waistcoat	305 Waistcoats
1 pair of Trousers	679 Trousers
2 Caps	50 Frocks
2 Frocks	3 Caps
2 Knotted Bed Rugs	10 Carpets bound
9 Window Blinds	34 Mats bound
2 Aprons	1 Knotted Rug repaired
9 Hair Cushions	7 Mattresses repaired and sundry repairs to Padded Cells
4 Hair Pillows	

NORFOLK COUNTY ASYLUM.

ARTICLES MADE.

Shirts . . .	279	Couch Cover . .	6	Collars embroidered .	9
Counterpanes Knitted	8	Bead Baskets . .	6	Frocks ditto . .	2
Hose Knitted pairs .	300	Dusters . . .	18	Petticoats ditto .	1
Curtains Knitted .	4	Glass Cloths . .	18	Work ditto yards .	39
Sheets . . .	223	Ironing ditto . .	2	Jackets Embroidered	1
Beds . . .	121	Boots Bound pairs .	34	Sleeves ditto pair .	1
Pillows . . .	7	Cushions . . .	7	Counterpanes Quilted	1
Towels . . .	342	Hassocks . . .	4	Petticoats ditto .	1
Flannels . . .	87	Dinner Napkins .	24	Towel . . .	1
Drawers Flannel pairs	15	Tea Cloths . .	12	Cushions . . .	9
Drawers pairs . .	4	Chair Cover . .	1	Baby's Night Gowns	5
Gowns . . .	233	Toilet Cover Knitted	1	Baby's Shirts . .	6
Petticoats . . .	182	Curtains Short . .	9	Pinafores . . .	12
Shifts . . .	286	Shrouds . . .	45	Bonnets drawn .	4
Caps . . .	382			Bonnets straw . .	2
Aprons . . .	502			Watch Hooks . .	4
Pillow Cases . .	246	WORK ROOM.		Mats . . .	5
Jackets . . .	27	Articles Made and Sold.		Baby's Shoes pairs .	4
Stays . . .	40	VIZ:—		Handkerchief box .	1
Bonnets Trimmed .	215	Counterpanes Knitted	3	Doyleys . . .	3
Collars . . .	54	Hose Knitted pairs .	18	Shaving Tidys . .	3
Frocks . . .	4	Guernseys Knitted .	5	Antimacassar Crochet	1
Night Gowns . .	28	Curtains ditto .	8	Gown . . .	1
Window Curtains .	...	Comforters ditto .	4	Holland Jacket . .	1
Window ditto . .	...	Antimacassar ditto .	2	Frocks . . .	5
Window Valances .	...	Gloves Knitted pairs.	2	Handkerchiefs . .	6
Bonnets . . .	20	Purses Knitted .	3	Kettle Holders . .	2
Table Cloths . .	25	Socks Knitted pairs .	11	Pen Wiper . .	1
Men's Frocks . .	4	Knee Caps Knitted prs	1	Dolls . . .	4
Fringe Knitted yards	109	Edging yards . .	50	Apron . . .	1
Carpet . . .	30	Mitts Knitted pairs .	1		

THE ACCOUNTS OF THE TREASURER

OF THE

Norfolk Lunatic Asylum,

FOR

THE YEAR ENDED DECEMBER THE 31ST, 1861,

PRESENTED AT THE

GENERAL QUARTER SESSION,

APRIL, 1862,

BY THE COMMITTEE OF VISITORS.

NORWICH:

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.

THE COMMITTEE OF VISITORS

OF

The Norfolk Lunatic Asylum,

APPOINTED

AT THE EPIPHANY QUARTER SESSION, 1862.

REV. THOMAS JOHN BLOFELD, Hoveton, Chairman.

REV. EDWARD POSTLE, Yelverton.

RICHARD WARD, Esq., Salhouse.

R. BLAKE-HUMFREY, Esq., Wroxham.

G. B. L. KNIGHT, Esq., Framingham Earl.

REV. JEREMIAH BURROUGHES, Lingwood.

W. A. GILBERT, Esq., Cantley.

J. T. MOTT, Esq., Barningham.

REV. E. T. YATES, Aylsham.

REV. R. G. LUCAS, Mulbarton.

HENRY BACK, Esq., Hethersett.

REV. PHILIP GURDON, Cranworth.

NORFOLK LUNATIC ASYLUM.

The Establishment,

DECEMBER, 1861.

OFFICERS.

DR. W. C. HILLS, Resident Medical Superintendent.

MR. G. M. BACON, Assistant Resident Medical Officer.

MR. G. W. W. FIRTH, Visiting Medical Officer.

REV. EDWARD COLE, Chaplain.

MRS. OWEN, Matron.

MR. ANTHONY BAILEY, Examiner of Accounts.

MR. W. M. GIRLING, House Steward.

MR. FRANCIS JOHN BLAKE, Treasurer and Clerk.

SERVANTS.

THIRTEEN MALE ATTENDANTS.

THIRTEEN FEMALE ATTENDANTS.

ONE WASH-HOUSE ATTENDANT.

SIX HOUSE SERVANTS.

GATE KEEPER.

HOUSE LAD.

THE COMMITTEE OF VISITORS

IN ACCOUNT WITH

FRANCIS JOHN BLAKE,

TREASURER OF THE COUNTY LUNATIC ASYLUM,

From the 16*th December*, 1860, *to the* 22*nd December*, 1861.

		£	s.	d.	£	s.	d.
Dr.	The County of Norfolk for Criminal and Vagrant Lunatics, from the 16th December, 1860, to the 22nd December, 1861						
	To Amount due for Quarter ended 16th December, 1860	52	13	0			
	To Lodging, Maintenance, Care, Medicine, Washing, and Clothing of Margaret Munro, Augustine Chief, Francis Wright, Elizabeth Miller, Jane Farral, Caroline Tremlett, Wm. Makaham, Sophia Holley, and George Tudman, 13 weeks each, at 9s. 6d.; 14 weeks each, at 8s. 6d.; and 26 weeks, at 8s. per week; and James Hooper, 24 weeks 6 days, at 8s. a week.	212	13	4			
					265	6	4

1861.	CONTRA.				Cr.		
Feb. 1.	By Cash from County Treasurer	52	13	0			
May 3.	Ditto ditto	55	11	6			
Aug. 2.	Ditto ditto	53	11	0			
Oct. 31.	Ditto ditto	51	10	10			
					213	6	4
	Balance due to the Asylum				52	0	0

AN ABSTRACT OF THE ACCOUNTS

WITH

THE COUNTY AND THE GUARDIANS OF THE SEVERAL UNIONS AND INCORPORATED HUNDREDS.

The County, The Poor Law Unions, and Incorporated Parishes.	Due 16th December, 1860.			Due from 16th Dec., 1860, to 22nd Dec., 1861.			Received 16th Dec., 1860, to 22nd Dec., 1861.			Quarterage falling due 22nd Dec., 1861.		
	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
The County of Norfolk ...	52	13	0	265	6	4	213	6	4	52	0	0
Aylsham	100	0	7	504	2	6	412	7	1	91	15	5
Blofield	88	5	6	444	2	6	371	12	1	72	10	5
Depwade	147	16	11	677	7	10	560	8	11	116	18	11
Docking	76	8	9	352	8	3	289	5	3	63	3	0
Downham	113	19	7	537	19	0	442	0	1	95	18	11
Erpingham	106	11	9	580	13	4	467	9	8	113	3	8
Faith's Saint	107	12	4	489	13	10	403	13	6	86	0	4
Flegg East and West ...	31	16	1	125	8	6	104	12	6	20	16	0
Forehoe	76	1	0	393	12	5	316	8	5	77	4	0
Freebridge Lynn ...	56	12	9	285	2	11	236	0	0	49	2	11
Guiltcross	91	1	3	421	10	10	343	0	4	78	10	6
Henstead	118	16	1	568	14	1	462	4	1	106	10	0
Loddon and Clavering ...	93	0	2	522	18	4	413	5	0	109	13	4
Mitford and Launditch ...	135	9	0	737	7	11	590	4	11	147	3	0
Swaffham	85	8	5	442	1	4	353	15	5	88	5	11
Thetford	64	5	9	280	10	8	233	14	8	46	16	0
Tunstead and Happing ...	72	5	2	407	10	0	332	2	11	75	7	1
Walsingham	115	19	6	546	8	6	447	6	9	99	1	9
Wayland	64	7	0	286	2	3	233	3	11	52	18	4
Wisbeach	73	0	7	325	1	0	267	12	5	57	8	7
King's Lynn	2	19	2	30	3	10	20	8	0	9	15	10
TOTAL	1874	10	4	9224	6	2	7514	2	3	1710	3	11

AN ABSTRACT OF THE ACCOUNTS

WITH THE

UNDERMENTIONED PLACES, HAVING BOARDER PAUPER PATIENTS.

	Due 16th December, 1860.			Due from 16th Dec., 1860, to 22nd Dec., 1861.			Received from 16th Dec., 1860, to 22nd Dec., 1861.			Quarterage Falling due 22nd Dec., 1861.		
	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
*King's Lynn.–Three Borough Patients 49 weeks and 4 days each, at 14s. per week . . .	27	6	0	131	8	0	111	6	0	20	2	0
*Great Yarmouth.—Six Borough Patients; viz., one 49 weeks 4 days, one 33 weeks 2 days, one 25 weeks, one 17 weeks 2 days, one 14 weeks 2 days, and one 4 weeks, at 14s. per week . . . Coffins & Funeral Expenses £2 12s. 6d.	38	14	6	141	15	0	128	7	0	13	8	0
*Thetford.—One Borough Patient; 36 weeks 2 days, at 14s. per week 1 month's allowance as absent on probation, 14s.; and Medical Certificate previous to Discharge, 10s. 6d.	9	2	0	35	14	6	35	14	6	.....		
*Blything Union.—One Boarder Pauper Patient, 42 weeks 3 days, at 14s. per week . . .	9	2	0	38	16	0	37	2	0	1	14	0
Mitford & Launditch Union.—One Patient not being under proper care and control, sent under 16 & 17 Vict., C. 97, Sec. 68; 16 weeks and 4 days, at 14s. per week . .	.....			11	12	0	11	8	0	0	4	0
Blofield Union.—One Patient not being under proper care and control, sent under the 16 & 17 Vict., C. 97, Sec. 68; 40 weeks, at 14s. per week	.....			28	0	0	18	18	0	9	2	0
*Norwich.–Fifty-three Boarder Pauper Patients; viz., 10 patients 53 weeks each, 28 patients 33 wks. 5 days each, 2 patients 4 wks. 2 days each, 1 patient 24 weeks, 1 patient 32 weeks 5 days, 1 patient 31 weeks 2 days, 1 patient 19 weeks 4 days, 1 patient 10 weeks 5 days, 1 patient 10 weeks 3 days, 1 patient 9 weeks 6 days, 1 patient 9 weeks 5 days, 1 patient 9 weeks 3 days, 1 patient 9 weeks 2 days, 1 patient 7 weeks 6 days, 1 patient 7 weeks 4 days; at 14s. per week Coffins & Funeral Expenses £2 18s. 6d.	34	8	0	1219	10	6	816	14	6	402	16	0
	118	12	6	1606	16	0	1159	10	0	447	6	0
Total for Criminal, Vagrant, and Pauper Lunatics . . .	1874	10	4	9224	6	2	7514	2	3	1710	3	11
Total	1993	2	10	10831	2	2	8673	12	3	2157	9	11

* The above Places do not pay to the County Rates.

THE COMMITTEE OF VISITORS OF THE LUNATIC ASYLUM,

IN ACCOUNT WITH

THE TREASURER OF THE SAME,

FROM THE 18th DECEMBER, 1860, TO THE 22nd DECEMBER, 1861,

FOR PAYMENTS ON ACCOUNT OF

MAINTENANCE OF THE ASYLUM.

Dr.

1861.		£ s. d.	£ s. d.
February 28.	To Balance due to Treasurer		1975 18 11
	SALARIES.		
	To Paid Mr. G. W. W. Firth, Visiting Surgeon .	100 0 0	
	Mr. Edward Casson, late Resident Surgeon .	103 15 0	
	Dr. W. C. Hills, Resident Medical Superintendent, 10 weeks . . .	45 18 9	
	Mr. G. M. Bacon, Temporary Resident Medical Superintendent, 11 weeks . .	53 4 8	
	Mr. G. M. Bacon, Assistant Resident Medical Officer, 9 weeks . . .	17 5 4	
	Mr. F. J. Blake, Clerk and Treasurer .	100 0 0	
	Rev. E. Cole, Chaplain . . .	100 0 0	
	Mr. Anthony Bailey, Examiner of Accounts .	11 11 0	
	Mr. E. Owen, late Superintendent, 6 months .	92 10 0	
	Mrs. Owen, Matron . . .	77 10 0	
	Mr. W. M. Girling, Clerk and Steward of the Asylum	32 0 0	
	Servants' Wages . . .	568 2 4	
			1301 17 1
	FOOD.		
	Butchers' Meat, 4241 st. . . .	1569 5 0	
	Flour 2180 st. . . .	237 0 6	
	Bread 3328 score . . .	867 11 10	
	Cheese 126 cwt. . . .	401 6 7	
	Tea	179 13 4	
	Sugar	85 15 7	
	Coffee	23 19 11	
	Rice, Tapioca, and Arrowroot . .	38 5 2	
	Groats	12 18 0	
	Milk 8940 gallons . .	298 0 0	
	Butter 3547 pints . .	242 12 9	
	Eggs	13 11 6	
	Sundry Articles of Grocery . .	55 18 10	
	Sundry Articles of Food . . .	17 1 1	
	The Superintendent, on account of Vegetables consumed in the House . .	155 15 3	
	Potatoes	46 10 0	
	Cabbages	2 12 2	
			4247 17 6
	Carried forward		£7525 13 6

PAID FOR GENERAL MAINTENANCE OF THE ASYLUM—*continued.*

1861.	£	s.	d.	£	s.	d.
Brought forward				7525	13	6
SPIRITS, &c.						
To Paid Wine and Spirits	18	3	4			
Beer	629	3	6			
Porter	74	0	0			
Tobacco and Snuff	75	0	6			
				796	7	4
FIRING, &c.						
Gas (885,300 cubic feet)	232	7	7			
Coals (217 tons)	199	7	10			
Steam (219½ tons)	182	13	5			
Coke	106	4	0			
Soap	57	18	1			
Candles	10	3	11			
Soda	16	19	8			
Oil	1	1	0			
				806	15	6
Drugs				37	7	11
BEDDING, CLOTHING, &c.						
Men's Suits	109	2	0			
Shoes, Leather, &c.	160	9	4			
Linen, Hosiery, &c.	7	9	0			
Sheeting, &c.	74	12	5			
Calico	41	18	4			
Tapes, Threads, &c.	27	7	4			
Jean	11	5	1			
Women's Bonnets	4	16	8			
Men's Caps	20	1	0			
Yarn, Knitting Cotton, &c.	39	13	0			
Women's Shawls	13	7	4			
Tailor	49	6	0			
Shoemaker	44	4	0			
Alpacha, Stuff, Prints, &c., for Women's Dresses	39	16	9			
Flannel, Serge, &c.	38	18	9			
Shirting	31	19	6			
				714	6	6
Printing, Books, and Stationery				33	3	4
FURNISHING, &c.						
Brushes and Brooms	19	15	5			
Cleaning Chimneys	2	5	0			
Dwiling	17	10	11			
				39	11	4
Carried forward				£9953	5	5

PAID FOR GENERAL MAINTENANCE OF THE ASYLUM—*continued.*

1861.	£	s.	d.	£	s.	d.
Brought forward				9953	5	5
FUNERAL EXPENSES						
To paid Shrouds, Bearers, and Burial Fees				13	14	0
SUNDRIES.						
Retaking Escaped Patients . .	3	15	3			
Clockmaker	4	0	0			
Hire of Organ, Music, &c. . . .	12	15	0			
Male Attendants' Suits and Caps . .	71	1	0			
Female Attendant's Dresses . .	31	10	0			
Straw	37	14	1			
Postage of Letters and Carriage of Parcels .	13	9	0			
Braziers' Work	8	2	0			
Engineer	78	0	0			
Medical Certificates for Patients out on Probation	7	7	0			
Petty Disbursements . . .	8	4	11			
Oat Flights	4	10	6			
Assessed Taxes	2	8	6			
Allowances to Patients discharged on Trial, under 79th Sect. of 16 and 17 Vict, C. 97 . .	7	4	0			
Harvest Treat to Patients . . .	9	4	6			
Travelling Expenses of Candidates on the day of Election of Resident Medical Superintendent . .	10	0	0			
				309	5	9
				£10276	5	2

CONTRA. Cr.

1861.	£	s.	d.
By Amount received for Criminal and Vagrant Lunatics	213	6	4
Ditto for Pauper Lunatics	7300	15	11
Ditto for Borough Pauper Lunatics	1159	10	0
,, House Steward, from Sale of Rags	2	6	6
,, Rents of Cottages	10	8	0
,, Fines from Attendants	0	16	6
,, Amount received	8687	3	3
To Amount paid as at page 10	10276	5	2
Balance due to the Treasurer	1589	1	11
Amount of Quarterage due from the Unions, &c., to the 22nd day of December, 1861, as per Abstract, page 7	2157	9	11
Balance due from the Treasurer	£568	8	0

(Errors Excepted,)

F. J. BLAKE,
Treasurer.

20th February, 1862.

Examined with the Vouchers and found Correct,

THOMAS J. BLOFELD,
HENRY BACK,
W. A. GILBERT,
R. BLAKE-HUMFREY.

ACCOUNT

FOR

BUILDINGS, REPAIRS, FURNITURE, FITTINGS,

&c., &c.

THE TREASURER'S ACCOUNT WITH BUILDINGS,

Dr.

1861.	£	s.	d.
To Messrs. Barnard and Bishop, for a Mangle	20	0	0
Messrs. Barnard and Boulton, Ironmongers	41	13	6
I. O. Cattermoul, Bricklayer	215	0	10
Ditto ditto for Wall	9	4	0
Henry Underwood, Plasterer	107	13	5
E. Lincoln and Son, Carpenters	67	17	9
J. Worman, ditto	76	11	11
R. Steward and Co., Timber and Deal Merchants	53	4	0
B. Shardelow, Plumber, Glazier, and Painter	191	10	1
H. E. Parlour, Ironmonger	96	18	10
Henry Pinson, Ironmonger	5	5	3
Thomas Sabberton, Blacksmith	241	12	4
Harriet Waite, Brazier	26	2	0
Jos. Downing, Earthenware, Glass, &c.	38	2	8
M. A. Norris, Upholsterer	234	13	6
E. S. Howard, Window Blind Maker	8	19	9
George Pinson, Cocoa-nut Fibre Matting, &c.	39	3	7
Robert Scott, Cabinet Maker	14	10	0
Matchett and Co., Advertising	7	12	8
Bacon, R. N. Ditto	4	16	6
Norfolk News, Ditto	1	14	0
J. Iungius, Printer	22	19	0
Chamberlin, Sons, and Co., Linen Drapers	174	7	8
Mail Carriage of Private Letter Bag to and from Norwich	1	1	0
Postmaster, Subscription for same for the year	2	2	0
Poor's Rates	3	17	11
Highway Rate	0	7	1
Land-tax	0	12	6
Rent-charge	2	19	9
Norwich Union Fire Office Insurance	13	5	7
Jos. Harper, Dyer	2	1	3
Thomas Gunton, Curled Horse Hair	11	4	0
Labour	40	8	6
Lionel Hindes, Carpenter	2	14	0
Messrs. Singleton and Pitman, Solicitors, Debt and Costs in the matter of John Brown, late County Surveyor	30	6	0
W. L. Mendham, Solicitor, his Bill of Costs in above matter	3	8	4
Ann Watson, Mason, balance of Account	2	0	3
Christian Knowledge Society for Bibles and Prayer Books	5	13	0
A. Pank, Gas Fitter	9	10	5
Joseph Stanley, Mason	28	19	11
Blind Institution, Carpeting	12	0	4
Dexter and Moll, Linen Drapers	5	15	5
John Sorrell, for Marking Ink	3	12	0
Mary Gay, for Baskets	3	5	0
John Thompson, Gutta Percha Utensils	2	0	6
James Mills, Flowerpots	1	14	9
John Overton, Cooper	3	10	0
Wm. Snelling, India Rubber Band, &c.	5	10	10
House Steward, Petty Disbursements	0	9	11
	£1898	3	6

THE COUNTY OF NORFOLK.

REPAIRS, &c.

Cr.

1861.		£	s.	d.
Feb. 9.	By Balance	66	19	5¾
April 16.	Cash of the County Treasurer	250	0	0
Aug. 23.	Ditto ditto	250	0	0
Nov. 21.	Ditto ditto	400	0	0
1862.				
Jan. 24.	Ditto ditto	900	0	0
	Balance	31	4	0¼
		£1898	3	6

1862, February 20th.

Examined with the Vouchers and found Correct.

THOMAS J. BLOFELD.
HENRY BACK
W. A. GILBERT.
R. BLAKE-HUMFREY.

NORWICH :—

SAMUEL DAYNES, PRINTER AND BOOKBINDER, SAINT STEPHEN'S STREET.